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Other formats are available for download at:
<http://www.chic2009.org/undone31/>

Welcome to Undone Thirty-One!

Undone Thirty-One is an invitation for the whole community of CHIC (and anybody else) to experience God's presence for the month of July, 2009.

Undone Thirty-One is not meant to be a formula to magically make God appear or make you always see him. It is a devotional guide, to help anyone who uses it develop a practice of living in the presence of God. Our prayer is that as you use it, you will develop a habit of watching for and wondering about God's presence in your life

What you will find are simple daily devotional guides. Each morning is an invitation to start the day in prayer and to continue to watch and see what God is up to. You will find a Bible passage (from the NIV or Message translations) indicating something of God's character, a quote or song lyric from a person who has experienced God, and a short guide for how to pray and go about the day. Each evening is a call to wonder about what God has done. The evening guide offers reflection questions to help you look back over your day and wonder about how you experienced the presence of God as well as a reminder to end the day in prayer.

Here's how to start:

Undone Thirty-One is designed as daily cards you can take with you in your back pocket or a purse. There are 8 pages. Print or copy them back to back, so that the evening of each day is on the morning of that day (i.e. match the numbers 1-31), punch them out and you are ready to go! Start with day one on July 1 and the rest will follow. We suggest that you pack the cards for the week of CHIC (July 12-17) right away so you don't forget them!

Blessings on your journey as you watch and wonder! May be you become undone in the presence of God.

UNDONE
31 So here's what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Romans 12:1

'My day-to-day life consists of giving God my simple, loving attention.' Brother Lawrence

In the 1600's a monk named Brother Lawrence described to a friend how he would 'practice the presence of God.' He believed that God was with him no matter what he was doing and committed himself to being aware of God's presence. Try to be aware of God's presence as you go about your day today. Ask God to help you.

Think back over your day. Think of all the places you walked, sat, ate, rested, talked with others, and were alone. Where did you notice that God was present? When was it easy to do? What was difficult? Ask God to make you continually aware that he is with you.

In the morning, O LORD, you hear my voice; in the morning I lay my requests before you and wait in expectation. Psalm 5:3

'Lord I come with great expectations.' Steven Curtis Chapman

Start the day today by praying. In your prayer make yourself aware of God. Listen for God and tell him what you need. Spend the day watching for signs of God.

01 Morning WATCH

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. Romans 12:1

'Yet let me not, when this morning prayer is said, think my worship ended and spend the day in forgetfulness of Thee.' John Baillie

The writer of the book of Romans (Paul) seems to suggest that worship is more than just going to a worship service and singing and listening. Think of everything you do today as an offering of worship to God. Pray to be reminded. See if it changes how you go about your day.

03 Morning WATCH

Remember the Sabbath day by keeping it holy. Exodus 20:8

'In an age that has lost its soul, Sabbath keeping offers the possibility of gaining it back.' Marva Dawn

God commands us to rest. He created not only life for us but also a rhythm of life—one that includes rest from work. How much could you rest today? See what you could set aside/escape from (cell phone, media, homework, worries, chores, to do lists, etc.) today. Ask God to help you and watch to see if it makes a difference in how you experience God today.

05 Morning WATCH

The heavens declare the glory of God; the skies proclaim the work of his hands. Psalm 19:1

'My profession is to always be alert, to find God in nature, to know God's lurking places, to attend all the oratorios and operas in nature.' Henry David Thoreau

Look around today at the things that God has made. When you see things in nature let them remind you that God is near. Pray to notice God's 'lurking places.'

07 Morning WATCH

The shepherd walks right up to the gate. The gatekeeper opens the gate to him and the sheep recognize his voice. He calls his own sheep by name and leads them out. John 10: 1-3

In the book of John, Jesus uses the metaphor of a shepherd to describe himself. (That makes us the sheep) Jesus says that his followers know his voice and know how to follow him. Try to listen for Jesus today. Ask Jesus to help you hear. Be aware of the ways Jesus speaks to you.

09 Morning WATCH

Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth. Psalm 46:10

'Silence reminds me to take my soul with me wherever I go.' Elementary schoolgirl from North Dakota

We are unaccustomed to stillness and silence—in our world it is hard to find. Find a place today that is silent (or at least really quiet). Try to clear your mind and just listen. Ask God to help you. Consider making it a daily practice to spend a little time silently listening for God.

02 Morning WATCH

I look behind me and you're there, then up ahead and you're there, too—your reassuring presence, coming and going. Psalm 139:5

'Morning by morning, I wake up to find, the power and comfort of God's hand in mine.' Song lyrics by Sara Groves

The Bible is full of God's promises to be with us. Even if we are unaware of God's presence, he is near. Begin this day asking for help in becoming aware of God's presence in your life and in the world. Spend the day looking for ways you are reminded of God's presence.

04 Morning WATCH

Do not be like them, for your Father knows what you need before you ask him. Matthew 6:8

'Wouldn't he (Aslan) know without being asked?' said Polly. 'I've no doubt he would,' said the horse. 'But I've a sort of idea he likes to be asked.' C.S. Lewis in *The Magicians Nephew*

One wonders, if God knows what we need, why we should even bother to pray. C.S. Lewis, Christian thinker and writer, suggested that even though God knows, he likes us to ask. Asking is a form of prayer. Pray today and ask God for what you need (try to differentiate from what you want).

06 Morning WATCH

'If you can?' said Jesus. 'Everything is possible for him who believes.'

Immediately the boy's father exclaimed, 'I do believe; help me overcome my unbelief!' Mark 9:23-24

'When I stand to preach I do not preach my own faith. I preach the faith of the Christian Church and I pray that I might too believe it.' Wesley Nelson

It often seems like we live each day somewhere between belief and doubt. There are days when you are sure that God is real and others when you aren't sure at all. Pray today, as the man in the Bible, 'I do believe, help me overcome my unbelief.'

08 Morning WATCH

Get out of bed and get dressed! Don't loiter and linger, waiting until the very last minute. Dress yourselves in Christ, and be up and about! Romans 13:14

'Christianity is a suit that at first glance seems attractive enough, but as soon as you actually put it on—then you must have Christ's help in order to be able to live in it.' Søren Kierkegaard

As you go about your day think about 'wearing Christ.' What does that look like? Ask Jesus to help you wear your faith and live out his life in the world today.

10 Morning WATCH

Where did you experience stillness or silence today? When you were quiet what did you hear? What noise gets in the way of hearing God? End your day by praying, remembering that God is near.

CHIC
2009

Think back over your day. Think of all the places you walked, sat, ate, rested, talked with others, and were alone. Where did you sense God's presence? How might God have been present without you realizing it? End your day by praying, remembering that God is near.

CHIC
2009

WONDER^{Evening}

02

WONDER^{Evening}

01

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CHIC
2009

How did you worship God today? How did thinking of your daily life as worship make a difference? How did you sense God receiving that worship? End your day by praying, remembering that God is near.

CHIC
2009

WONDER^{Evening}

04

WONDER^{Evening}

03

How do you feel about praying if God already knows what you need? What does that prayer do? What did you pray for this morning? How did God provide for your needs today? End your day by praying, remembering that God is near.

CHIC
2009

What did you set aside today to try to rest? How did it change the way you heard or saw God? End your day by praying, remembering that God is near.

CHIC
2009

WONDER^{Evening}

06

WONDER^{Evening}

05

Reflect on your day. When were you sure about God today? When did you have doubts? How does God help you overcome unbelief? End your day by praying, asking God to continually remind you that he is near.

CHIC
2009

According to the Psalms, all the things that God created (trees, flowers, water, the sun and moon, people, animals, etc.) were made to bring glory to him. They also remind us of how powerful and creative he is.

CHIC
2009

What did you see in the creation today that reminded you of God? How do they help you sense God's presence? End your day by praying, thanking God for what he has made.

WONDER^{Evening}

08

WONDER^{Evening}

07

What was it like to wear Jesus around today? Did anyone notice? How will you keep wearing Christ? Ask for Jesus's help.

CHIC
2009

How did you hear Jesus today? What does his voice sound like to you? Pray and ask Jesus to help you hear him better.

CHIC
2009

WONDER^{Evening}

10

WONDER^{Evening}

09

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Deuteronomy 31:8
As you travel or prepare to travel to CHIC today remember that God has promised that he goes before you and is with you. God knows what lies ahead for you in this week and is with you every mile of the way you travel. As you go, ask God to help you be aware of his nearness to you.

11**Morning WATCH**

Keep your lives free from the love of money and be content with what you have, because God has said, 'Never will I leave you; never will I forsake you.' Hebrews 13:5

God promises to always be with us. The writer of Hebrews suggests that God's presence should be enough for us. Today, when you find yourself spending money or complaining about being hot or bored or whatever, try to remember to be content because God is with you. Ask him to help you.

13**Morning WATCH**

What marvelous love the Father has extended to us! Just look at it—we're called children of God! That's who we really are. But that's also why the world doesn't recognize us or take us seriously, because it has no idea who he is or what he's up to. 1 John 3:1

'You are a child of God. Your playing small does not serve the world... We were born to make manifest the glory of God that is within us.' Nelson Mandela

What does a child of God look like? How does he or she live? Ask God today to help you begin to answer those questions and live as his child.

15**Morning WATCH**

I am with you and will watch over you wherever you go, and I will bring you back to this land. I will not leave you until I have done what I have promised you. Genesis 28:15
CHIC is over and it is time to go home. But God promises that he has been with you all week and will stay with you in your 'real life.' Ask God to help you trust that he will always be near.

17**Morning WATCH**

Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life. Philippians 4:6-7

Live today as a Sabbath day—consider it a day of rest from worry. Pray and tell God all the things you are anxious or worried about and ask him for his peace. Every time you remember something that worries you, stop, breathe and pray for peace.

19**Morning WATCH**

In the morning, O LORD, you hear my voice; in the morning I lay my requests before you and wait in expectation. Psalm 5:3

CHIC 2009 starts today! As you pray this morning, tell God all your dreams about what this week will be like. Ask God to make you aware of his presence in tangible ways. Then, in expectation, watch and see where God turns up.

12**Morning WATCH**

Do you think you can explain the mystery of God? Do you think you can diagram God Almighty? God is far higher than you can imagine, far deeper than you can comprehend... Job 11:7-8

'At some point I must have decided that I understood God. That's when I think I stopped believing in him.' Sofia Stremen

As we try to learn to live believing that God is near, we need to be careful not to think that God can be contained. He is not 'God in our pocket' or 'God in a box' but still the infinitely powerful creator of the universe who can be both near and far at once. As you live in the presence of God today, ask for a glimpse of how far his presence extends.

14**Morning WATCH**

But Moses said to God, 'Who am I, that I should go to Pharaoh and bring the Israelites out of Egypt?' And God said, 'I will be with you.' Exodus 3:11-12

'Some folks are called to holy missions, other folks are called to preach, me I'm still waiting for my calling, I've got 100 minutes free.' Song Lyrics by Lee Rude

Do you ever wish God would just call you on your cell phone and tell you what you are supposed to do? It could happen—but today ask for help in listening for other ways God might be calling you. Be aware that whatever you are asked to do, God promises to be with you.

16**Morning WATCH**

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Deuteronomy 31:8
As you return home from CHIC remember today that God has promised that he goes before you and is with you no matter where you are. God knows what lies ahead for you today and in the weeks and months to come and is with you every single day. Ask God to help you be aware of and trust his nearness to you.

18**Morning WATCH**

I lift up my eyes to the hills, where does my help come from? My help comes from the Lord, the maker of heaven and earth. Psalm 121:1-2

What kind of help do you need today? Is there someone you know that really needs God's help? Pray the following prayer and watch for how God helps: Be pleased to save, Lord; Come quickly, Lord, to help me. Psalm 40:13

20**Morning WATCH**

What ideas, beliefs, dreams, equations, assumptions, images, lies, were undone for you today? How? What does it seem like God is working on in you? How do you sense that he is near? End your day by praying.

CHIC
2009

Think back over your day. Think of all the places you walked, sat, ate, rested, talked with others, and were alone. Where did you sense God's presence? How might he have been present without you realizing it? End your day by praying, remembering that God is near.

CHIC
2009

WONDER^{Evening}

12

WONDER^{Evening}

11

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CHIC
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CHIC
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WONDER^{Evening}

14

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CHIC
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CHIC
2009

WONDER^{Evening}

16

WONDER^{Evening}

15

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CHIC
2009

Think back over your week at CHIC. Think of all the places you walked, sat, ate, rested, talked with others, and were alone. Where did you sense God's presence? How did you hear or see God? What about today? Ask God to give you one clear image to remember how you saw him at work last week.

CHIC
2009

WONDER^{Evening}

18

WONDER^{Evening}

17

How did you receive help today? Was it for something you prayed about in the morning or something else? Pray with gratitude for the way that God has helped you today and/or in the past.

CHIC
2009

What anxieties or worries did you turn over to God today? What happened? How were you able to rest? Ask God to remind you to keep placing your worries before him this week.

CHIC
2009

WONDER^{Evening}

20

WONDER^{Evening}

19

'What do you want me to do for you?' Jesus asked him. The blind man said, 'Rabbi, I want to see.' Mark 10:51
 'I once was lost, but now I'm found, was blind but now I see.' Hymn lyrics by John Newton
 Pray today for open eyes to see what Jesus is up to in your life and the world.

21

Morning WATCH

But the LORD is in his holy temple; let all the earth be silent before him. Habakkuk 2:20
 'We are silent at the beginning of the day because God should have the first word, and we are silent before going to sleep because the last word also belongs to God.' Dietrich Bonhoeffer
 Begin your day in silence—let God have the first word. Ask God to help you clear your mind and ignore any noise that is around.

23

Morning WATCH

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. John 3:16
 'Jesus loves me this I know, for the Bible tells me so.' Hymn lyrics by Anna B. Warner
 It is likely that the first song most children learn in church is 'Jesus Loves Me'. Although it seems simple, it speaks a profound truth about what we are—we are loved. As you go about your day today, remember the presence of Jesus who loves you. Ask Jesus to help you remember that you are loved.

25

Morning WATCH

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10
 'Strength will rise as we wait upon the Lord.' Song lyrics by Lincoln Brewster
 Think of something that causes you fear. God promises his strength and help in every situation that we face. Pray about your fear and ask for God's help.

27

Morning WATCH

I tell you the truth, anyone who will not receive the kingdom of God like a little child will never enter it. Luke 18:17
 'They say that I could walk on water, if I would follow and believe, with faith like a child.' Lyrics by Jars of Clay
 What would it look like to have faith like a child? Not immature or unaware, but maybe filled with wonder and curiosity and dependence on God. Ask God to renew those things in you today.

29

Morning WATCH

I thank my God every time I remember you... Philippians 1:3
 'Even when I become convinced that God is absent from my life, others have a way of suddenly revealing God's presence.' Kathleen Norris
 Often God uses others to remind us that God is thinking of us. Watch today for people that remind you of God or point to him in some way. Pray and thank God for placing others in your life.

22

Morning WATCH

Oh, let me rise in the morning and live always with you! Psalm 139:18
 'Great is thy faithfulness, morning by morning new mercies I see.' Hymn lyrics by Thomas Chisolm
 Start today praying the prayer of Psalm 139:18. Ask God to help you live with him all day today.

24

Morning WATCH

The Israelites are to observe the Sabbath, celebrating it for the generations to come as a lasting covenant. Exodus 31:16
 In the Old Testament God's people took the Sabbath very seriously. It was a day to rest, commanded by God and they obeyed. But, it was also a day of celebration—a day to feast and enjoy being with others. Claim today as a Sabbath celebration—thank God for a day set apart from others and feast and be with others you love.

26

Morning WATCH

Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from the will of your Father. And even the very hairs of your head are all numbered. So don't be afraid; you are worth more than many sparrows. Matthew 10:29-31
 'His eye is on the sparrow, and I know he watches me.' Hymn lyrics by Civilla D. Martin
 We spend a lot of time talking about trying to see God. Sometimes maybe we just need to remember that he sees us. As you go about your day today, think about how God sees all that you do and all that happens to you. Ask for help in remembering that God watches over you.

28

Morning WATCH

The heavens declare the glory of God; the skies proclaim the work of his hands. Psalm 19:1
 'God writes the Gospel not in the Bible alone, but also on trees, and in the flowers and clouds and stars.' Martin Luther
 Look and listen to creation today. Be aware of how the things that God has made point to him. Ask God to help you delight in what the creation says about God.

30

Morning WATCH

Who reminded you of God today (either intentionally or not)? How? What relationships do you have that help you trust God even when you don't see or feel him? Thank God for those people in your life.

CHIC
2009

In what ways did you see Jesus today? In what ways were you 'blind'—what might you have missed? End your day by praying, asking God to help you see him tomorrow.

CHIC
2009

WONDER_{Evening}

22

WONDER_{Evening}

21

How were you able to live with God today? Where did you notice the presence, the hand, or the work of God? Pray and ask for the ability to wake and think of him when you wake up tomorrow morning.

CHIC
2009

In your anger do not sin; when you are on your beds, search your hearts and be silent. Psalm 4:4
Where did you experience stillness or silence today? When you were quiet what did you hear? What noise gets in the way of hearing God? Try to end your day in silence—turn off the music, clear your mind and be still.

CHIC
2009

WONDER_{Evening}

24

WONDER_{Evening}

23

What did you do today to celebrate the Sabbath? How did you become aware of God in that celebration? Pray and consider making one day each week a Sabbath—for rest and celebration. Ask God to help you make it possible.

CHIC
2009

How did remembering that you are loved make a difference in how you lived today? What makes you forget? Pray the words of 'Jesus Loves Me' and thank him for that truth tonight.

CHIC
2009

WONDER_{Evening}

26

WONDER_{Evening}

25

Then I said to myself, 'Oh, he even sees me in the dark!' Psalm 139:18
Think back through your day... what did God see that happened to you, that you did? How does it feel to know that God is watching over you at all times? End your day by praying, thanking God for watching over you.

CHIC
2009

How did you receive help today? Was it for something you prayed about in the morning or something else? Pray with gratitude for the way that God has helped you today and/or in the past.

CHIC
2009

WONDER_{Evening}

28

WONDER_{Evening}

27

Think back over your day. What sights or sounds reminded you of God? How did you respond? End your day by praying, thanking God for all that he has made.

CHIC
2009

As you look back over your day, how were you aware of your dependence on God? What made you curious? What filled you with wonder—was there something God did that surprised you? End your day by praying.

CHIC
2009

WONDER_{Evening}

30

WONDER_{Evening}

29